

E P I S C O P A L

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SENIOR COMMUNITIES

Report 2013

Episcopal Senior Communities (ESC) is a not-for-profit, public benefit corporation headquartered in Walnut Creek, California. ESC has a tradition of serving seniors that stretches back to 1965, with the opening of its first Continuing Care Retirement Community (CCRC) in Pacific Grove, on a seven-acre parcel of land gifted by the Diocese of California. Margaret Tennant originally gave this land to the diocese in honor of her brother, John Tennant. Today the organization owns and operates six CCRCs in northern California, providing more than 1,000 independent living accommodations, 97 assisted living and memory care apartments, and 376 licensed skilled nursing beds.

ESC has 40 years of experience meeting the diverse needs of seniors beyond its CCRC walls. With affordable senior housing in four northern California communities and an extensive Home and Community Based Services program, ESC assists more than 12,000 low-income seniors in need each year. This network of assistance for seniors first started in 1977, with a small senior resources program housed at Grace Cathedral in San Francisco. Today, ESC charitable programs reach across seven counties, with innovative and high-impact programs, such as

- **Senior Resources** – includes emergency funds to low-income seniors in crisis, who might need assistance with rent, medication or utilities, and information and assistance for other local resources.
- **Senior Center Without Walls** – award-winning, free telephone program designed to bring support, education, and socialization to isolated, frail and low-income seniors, from the comfort of their own home.
- **Senior Produce Markets** – more than 20 markets at senior centers, senior housing communities, and churches across Northern California provide low-cost, high-quality produce in small quantities, staffed by a cadre of dedicated volunteers who build community around senior health and wellness.

To bring high-quality services to the greatest number of seniors, ESC is proud to work with many other community-minded organizations. One such partnership is with Episcopal Community Services of San Francisco, providing seniors with free and up-to-date information, referral, and assistance to help maximize self-sufficiency, safety, health, and independence.

Always striving to anticipate the social interventions elders will require to remain healthy at home, ESC recognizes that social isolation can lead to depression and detrimental physical health, and has chosen to build programs that address these needs and enhance the quality of seniors' lives. More information is available at www.jtm-esc.org.