

# Employee Services



***CONCERN services are available to all Diocese of California employees working 30 hours or more per week, their dependents, spouses and domestic partners.***

## **SHORT-TERM COUNSELING**

Each individual has a 1-8 visit benefit per problem per 12-month period. If you're dealing with a personal problem, call CONCERN for confidential assistance. CONCERN offers assessment, crisis intervention, short-term counseling and referral to community resources. You can get help for most personal problems including:

- Marital and family problems
- Difficulty with relationships
- Emotional distress
- Job stress
- Communications or conflict issues
- Alcohol or drug problems affecting you or your family
- Loss and death

## **PARENTING AND CHILDCARE RESOURCES**

If you'd like help finding childcare providers, call CONCERN. Referrals are available for a wide variety of childcare services in your area including:

- Family day care homes
- Infant centers
- Preschools
- Adoption Assistance
- Before/after school care
- In-home childcare, call CO

CONCERN. You will be linked to a local attorney for a free 30-minute office or telephone consultation. The legal referral service can be used for all types of legal matters (excluding criminal felony cases or claims against your employer):

- Consumer issues
- Personal/family services
- Small business services
- INS issues
- Contract issues
- IRS matters

## **FINANCIAL COUNSELING**

If you have questions regarding your finances, call CONCERN. Your EAP benefit entitles you to a one-hour telephonic consultation with a certified financial planner (CFP). As well, you have unlimited access to the financial help-line in order to address common money questions. CONCERN's CFPs provide sound financial guidance that will help you manage your money wisely and develop long-term financial security.

## **OLDER ADULT SERVICES**

If you're caring for an elderly relative and need assistance in finding services or support, call CONCERN. Services include referral to programs and resources in your area that will make it easier to handle the stressful task of locating the needed help.

## **CAREER MANAGEMENT**

If you need to jumpstart your career search, call CONCERN for a one-hour, in-person appointment with a Career Counselor. Career Counselors can help you assess on-the-job career development issues, clarify skills, interests, values and work styles. They can also help you evaluate education and skill enhancement options.

**1-800-344-4222**  
**[www.concern-eap.com](http://www.concern-eap.com)**